



NEWSLETTER

Message from Lakeside

What makes Lakeside so unique and special?

Simply put, Lakeside is a family. We have the dedication and support of the parents of our players to thank for making this possible. All the dinners, beach days, floats down the river, and lobby hangouts are what make the memories for both the players and families. While we have high expectations for the play and results on the field, these memories being formed are what will be remembered. We don't say it enough but THANK YOU. Thank you, parents, for all you do to support our program and make the experiences so meaningful. The friendships formed and memories experienced are cherished. Looking forward to another year and more amazing journeys as the Lakeside Family.

-Lakeside Family



Editor's Corner

It is always with great sadness when a season ends, and another class of players is going to be moving on. The 2024 Lakeside class is filled with remarkable young players. Some of these players have been with the program since the start. Without the dedication, leadership and effort of this group of young ladies, Lakeside would not be the strong and reputable program it is today. We thank all the 2024 Lakeside players for what they have contributed and wish them great success for their future.

As we watch the 2024 class move on, Lakeside will be bringing in new classes and look to be including players from 2032 class to get things started. It is with great excitement that we are expanding to include these younger players and have an opportunity for them to join the Lakeside family.

College Commit

Addie Strong

Lakeside has another college commit! Addie Strong has committed to playing Division 1 lacrosse at Radford University. Addie is a part of the Lakeside 2025 Alpine team and has been playing on it for the past few years. We are so thrilled to see Addie realize her dreams of playing at the Collegiate level. She has put in the hard work to achieve this goal. We are so thankful to have her as a part of the Lakeside family. When asked about her journey, here is what she had to say:



Amazing support from my family, friends, and coaches helped me achieve my dream of playing D1 lacrosse. I can't thank Chad and Toby enough for warmly welcoming me and immediately making me feel like I was part of the Lakeside family when I started with the team in 2020. They always pushed me to be a better player while making lacrosse fun. So many of my best lacrosse memories are playing with my Lakeside teammates! The recruiting process is brutal but when you find the right school and the right program it all falls into place and your hard work truly pays off.

Upcoming Highschool Season

As we all get ready to switch gears and head into high school lacrosse, I'm sure all of us are anticipating another amazing season. I feel like one of the best parts about playing high school lacrosse is actually playing against my own Lakeside friends and teammates. I look forward to defending or attacking against the girls that I love playing with on Lakeside. The friendly and competitive atmosphere of Lakeside makes it so fun to see and compete with everyone outside of the club during the high school season. No matter what the outcome of the games, I am always so excited to see my Lakeside teammates once the games are over. Regardless of how we compete against each other on the field, I always look forward to returning to Lakeside after high school seasons and to playing alongside my Lakeside teammates again.

-Sienna Dawson



Senior Spotlight

Abbey Kunz

After a few tournament guest player appearances, Abbey joined the Lakeside Shasta team full time in 2023. A senior at California High in San Ramon, Abbey has been a wonderful addition to the team. She brings a high lacrosse IQ, a competitive drive, and a positive attitude in everything she does. Abbey has bolstered our offense taking the draw and playing both midfield and attack for us this year. One of Abbey's highlights this past season had to be in our first tournament where she literally ran through a cross check, breaking the defenders stick, scoring a beautiful goal and picking the stick shards out of her arm on her way back to the draw circle. It was an amazing play and really demonstrated just how tough this girl is. Wishing her the best as she moves into making her final decisions on college and pursuing her dreams.



Player Spotlight

Adrienne Kenny

Adrienne is an amazing young lacrosse player that continues to improve every time she steps on the field. She works hard at practice to improve her game and encourages all around her to do the same. Adrienne's dedication to getting better is truly remarkable. She is a leader and does it through both her effort and attitude towards the game and her teammates. There have been multiple occasions where Adrienne has shown genuine excitement when one of her teammates has some kind of success. It is an absolute pleasure to coach Adrienne, and she is a big part of the success of the Lakeside Natoma team. Great Job!

